




March 2024 Activities

Monday	Tuesday	Wednesday	Thursday	Friday
				
				
<p>4</p> <p>8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo 11:30AM- Lunch 1:00PM- Line Dancing Class</p>	<p>5</p> <p>9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM- Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 12:00PM Bookmobile 1:00PM- Cardio Drumming Class</p>	<p>6</p> <p>9:00AM -Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM Guest Speaker from Ohio Consumers Council 11:30AM- Lunch 12:00PM- Mahjong</p> <p>Pearl Valley Cheese Fundraiser Ends</p>	<p>7</p> <p>9:00AM Pickleball in Byesville 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Open Cards</p>	<p>1</p> <p>9:00AM Breakfast Buffet 10:00AM -Bingo 11:30AM- Lunch 12:00PM Cumberland Site Activity 12:30 PM- Euchre</p>
<p>11</p> <p>8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo 11:30AM- Lunch 12:00PM- Pleasant City Site Activity 1:00PM- Line Dancing Class</p>	<p>12</p> <p>9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM -Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 1:00PM- Cardio Drumming Class 1:30PM- Alzheimer's Support Group</p>	<p>13</p> <p>8:30AM John Glenn Museum Trip 9:00AM -Sewing 10:00AM -Bingo 11:30AM- Lunch 12:00PM- Mahjong</p>	<p>14</p> <p>9:00AM- Pickleball in Byesville 10:00AM Bingo 11:30AM- Lunch 12:30 PM- Open Cards</p>	<p>8</p> <p>10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Euchre</p>
<p>18</p> <p>8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo 11:00AM Guest Speaker from Senior Medicare Patrol 11:30AM- Lunch 12:00PM Londonderry Site Activity 1:00PM -Line Dancing Class</p>	<p>19</p> <p>9:00AM- Quilters 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 12:30PM Byesville Site Activity</p> <p><i>Due to voting taking place in the building there will be NO bingo on this day.</i></p>	<p>20</p> <p>9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:30AM Birthday Luncheon 12:00PM- Mahjong 2:00PM Spring Craft Class sponsored by Hospice of Guernsey</p>	<p>21</p> <p>9:00AM Pickleball in Byesville 10:00AM -Bingo 11:30AM- Lunch 12:30 PM- Open Cards 4:00PM-5:00PM Grab & Go Monthly Dinner 4:00PM- Dine In Monthly Dinner 7:30PM Lions Club Show</p>	<p>15</p> <p>10:00 AM - 3:00 PM- Food Commodity Pick Up 10:00AM -Bingo 11:30AM- St. Patrick's Day Luncheon 12:30 PM- Euchre</p>
<p>25</p> <p>8:30 AM- Crafting Group 9:00AM- Tai Chi Class 10:00AM -Bingo 11:30AM- Lunch 1:00PM -Line Dancing Class</p>	<p>26</p> <p>9:00AM- Quilters 10:00AM Pickleball in Byesville 10:00AM -Bingo 11:00 AM- Blood Pressure Checks 11:30AM- Lunch 1:00PM- Cardio Drumming Class 4:00PM Byesville Dinner</p>	<p>27</p> <p>9:00AM- Geri Fit Exercise 9:00AM- Sewing 10:00AM -Bingo 11:00AM- Guest Speaker from OSHIP 11:30AM- Lunch 12:00PM- Mahjong</p>	<p>28</p> <p>10:00AM -Bingo 11:30AM- Easter Party & Luncheon 12:30 PM- Open Cards</p>	<p>29</p> <p>CLOSED</p> 

March 2024 Menu

We invite you to join us for lunch at the Guernsey County Senior Center from 11:30 am until 1:00 pm Monday – Friday. The Byesville Site serves lunch at 11:30 am. Monday—Friday. Pleasant City 11:30-1:00 pm Monday & Thursday, Cumberland 11:30-1:00 pm, Tuesday & Friday, Londonderry site serves at 11:30 on Monday—Friday, and Old Washington site Wednesday & Friday from 11:30am-1:00pm. **Dine-In or Grab & Go Options Available.** If you have any questions about our nutrition services please call 740-439-5717 or toll free at 1-866-534-2349. Each meal includes a choice of white, wheat, or specified bread and a choice of either 2% or Skim Milk. Ingredient content can be found on our website at www.GuernseySenior.org.

**Menu subject to change depending on item availability.*



<div> <div>1</div> <div>Vegetable Lasagna</div> <div>Tossed Salad w/ Dressing</div> <div>Peas & Carrots</div> <div>Cinnamon Applesauce</div> <div>Breadstick/Margarine</div> <div>Choice of Milk</div> </div>				
<div>4</div> <div>Chicken Cordon Bleu</div> <div>California Blend</div> <div>Vegetables</div> <div>Diced Potatoes</div> <div>Pineapple Tidbits</div> <div>Knot Roll/Margarine</div> <div>Choice of Milk</div>	<div>5</div> <div>Cheeseburger w/Bun</div> <div>Steak Fries</div> <div>Glazed Baby Carrots</div> <div>Cherry Crisp</div> <div>Choice of Milk</div>	<div>6</div> <div>Chef Salad w/Ham,</div> <div>Turkey & Egg/ Dressing</div> <div>Three Bean Salad</div> <div>Fresh Banana</div> <div>Blueberry Muffin/Marg.</div> <div>Vanilla Pudding</div> <div>Choice of Milk</div>	<div>7</div> <div>Beef Tips over Noodles</div> <div>Buttered Mashed Potatoes</div> <div>Creamed Corn</div> <div>Diced Pears</div> <div>Choice of bread/Margarine</div> <div>Choice of Milk</div>	<div>8</div> <div>White Cheddar Mac & Cheese</div> <div>Capri Blend Vegetables</div> <div>Spiced Peaches</div> <div>Fruit Cup</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>
<div>11</div> <div>Country Fried Steak w/</div> <div>Gravy</div> <div>Baby Baker Potatoes</div> <div>Brussel Sprouts</div> <div>100 % Cranberry Juice</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>12</div> <div>Southwest Chicken</div> <div>Bean Salsa</div> <div>Mexican Corn</div> <div>Fresh Orange</div> <div>Choice of Bread/</div> <div>Margarine</div> <div>Choice of Milk</div>	<div>13</div> <div>Beef Roast & Gravy</div> <div>Whole Buttered Potatoes</div> <div>Italian Green Beans</div> <div>Apricots</div> <div>Choice of Bread/Marg.</div> <div>Sugar Cookie</div> <div>Choice of Milk</div>	<div>14</div> <div>BBQ Pork Chop</div> <div>Red Skinned Potatoes</div> <div>Creamed Peas</div> <div>Fresh Apple</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>15</div> <div>Penne Pasta w/Marinara</div> <div>Sauce</div> <div>Cauliflower</div> <div>Fruit Cocktail</div> <div>Cottage Cheese</div> <div>Texas Toast/Margarine</div> <div>Choice of Milk</div>
<div>18</div> <div>Sliced Pork Loin</div> <div>Sweet Potatoes</div> <div>Fried Cabbage</div> <div>100% Grape Juice</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>19</div> <div>Roasted Turkey</div> <div>Twice Baked Mashed</div> <div>Potatoes</div> <div>Broccoli w/Cheese</div> <div>Tropical Fruit</div> <div>Choice of Bread/Marg.</div> <div>Choice of Milk</div>	<div>20</div> <div>Chili Cornbread</div> <div>Casserole</div> <div>Zucchini & Squash Mix</div> <div>Warm Applesauce</div> <div>Fresh Grapes</div> <div>Brownie</div> <div>Choice of Milk</div>	<div>21</div> <div>Baked Chicken</div> <div>Au Gratin Potatoes</div> <div>Butter Beans</div> <div>Tangerine</div> <div>Choice of Bread/Margarine</div> <div>Choice of Milk</div>	<div>22</div> <div>Pimento Cheese Spread</div> <div>w/Bun</div> <div>Cream of Potato Soup</div> <div>w/ Crackers</div> <div>Diced Beets</div> <div>Fruited Jell-O</div> <div>Choice of Milk</div>
<div>25</div> <div>Chicken Tater Tot</div> <div>Casserole</div> <div>French Style Green Beans</div> <div>Mixed Berry Crisp</div> <div>100% Fruit Juice</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>26</div> <div>Salisbury Steak w/Gravy</div> <div>Rice Pilaf</div> <div>Lima Beans</div> <div>Fresh Pear</div> <div>Coleslaw</div> <div>Choice of Bread/Marg.</div> <div>Choice of Milk</div>	<div>27</div> <div>Lemon Peppered Fish</div> <div>Yukon Gold Potatoes</div> <div>Stewed Tomatoes</div> <div>Mandarin Oranges</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>28</div> <div>Ham Loaf</div> <div>Scalloped Potatoes</div> <div>Buttered Peas</div> <div>Ambrosia Salad</div> <div>Angel Food Cake</div> <div>Dinner Roll/Margarine</div> <div>Choice of Milk</div>	<div>29</div> <div>Closed</div> <div>For Good Friday Holiday</div> <div>Frozen Meals Available</div> <div>upon Request</div>